

STAGE 4 COMPLETE

TOUR DE FRANCE CARCASSONNE TO FOIX



Ruta y Etapas

Francia



2026 Tour de France Stages

Stage	Start	End	Distance (km)	Start Time	End Time	Stage Type
Stage 1	Carcassonne	Albi	145	10:00	15:00	Flat
Stage 2	Albi	Montauban	135	10:00	15:00	Flat
Stage 3	Montauban	Toulouse	125	10:00	15:00	Flat
Stage 4	Toulouse	Castellon	155	10:00	15:00	Flat
Stage 5	Castellon	Nice	185	10:00	15:00	Mountain
Stage 6	Nice	Gap	175	10:00	15:00	Mountain
Stage 7	Gap	Chamonix	165	10:00	15:00	Mountain
Stage 8	Chamonix	Annecy	155	10:00	15:00	Mountain
Stage 9	Annecy	Collobrières	145	10:00	15:00	Mountain
Stage 10	Collobrières	Valence	135	10:00	15:00	Flat
Stage 11	Valence	Roanne	125	10:00	15:00	Flat
Stage 12	Roanne	Chalon	115	10:00	15:00	Flat
Stage 13	Chalon	Beaune	105	10:00	15:00	Flat
Stage 14	Beaune	Dijon	95	10:00	15:00	Flat
Stage 15	Dijon	Yverdon	85	10:00	15:00	Flat
Stage 16	Yverdon	Geneve	75	10:00	15:00	Flat
Stage 17	Geneve	Lausanne	65	10:00	15:00	Flat
Stage 18	Lausanne	Brussels	55	10:00	15:00	Flat
Stage 19	Brussels	Paris	45	10:00	15:00	Flat
Stage 20	Paris	Paris	35	10:00	15:00	Flat